

# FLUID MOTION®

NORMAL CARTILAGE FUNCTION¹

GLUCOSAMINE, CHONDROITINSULFATE, BROMELAIN, VITAMIN C,  
COPPER AND ZINC FOOD SUPPLEMENT,  
WITH HYALURONIC ACID AND BIOACTIVE EXTRACT OF CURCUMA



PACKAGING: 30 TABLETS, 1470 MG EACH

**curcugreen®**  
BIOACTIVE EXTRACT OF CURCUMA

## INFORMATION

Cartilage atrophy is a problem affecting athletes and ordinary people. This alteration often turns into a reduction of the intra-articular space, resulting in joint soreness. This problem is caused by repeated micro traumas occurring during the athletic movement, sometimes worsened by an unfavorable anatomical situation and by a possible non-optimal movement biomechanics. Usually a pain near the rotula appears at rest and on exertion (for example contracting the quadriceps, while walking up and down the stairs) and at pressure. Joint fluidity may be enhanced by using substances (e.g. glucosamine, chondroitin sulfate, galactosamine glucuronoglycan, hyaluronic acid) which contribute to the "reconstruction" of cartilage and may help to contain or reduce the painful symptoms linked to its alteration.

## FEATURES

FLUID MOTION® is a glucosamine, chondroitin sulfate, bromelain, vitamin c, copper and zinc food supplement, with hyaluronic acid and bioactive extract of curcumin CURCUGREEN. Vitamin C contributes to normal collagen formation for regular cartilage and bone function. Bromelain is a proteolytic enzyme associated in the product to Glucosamine, hyaluronic acid and chondroitin sulfate to supply a complete formulation. FLUID MOTION® provides also Zinc and Copper. They contribute to the maintenance of normal cartilage metabolism, Copper contributes to the maintenance of normal connective tissues. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

## INDICATIONS

Thanks to Vitamin C and Copper, it is useful for normal cartilage function and for the maintenance of normal connective tissues.

## HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 1 tablet per day.

## INGREDIENTS

Glucosamine D-sulfate 2 kcl (from crustacean), Filling agent: cellulose; Chondroitin sulfate, Film coating (coating agents: hydroxy- propyl- methyl cellulose, Talc, Shellac, polyethylene glycol; dye: calcium carbonate), Zinc gluconate, Vitamin C coated (L-ascorbic acid, coating agent: ethyl cellulose), Sodium hyaluronate, Bromelain 2,500 GDU/g (from Pineapple comosus (L) Merr., jams), Curcugreen (total curcuminoids from Curcuma Longa L., rhizome), Anti-caking agents: magnesium salts of fatty acids, silicon dioxide; copper gluconate.

GLUTEN  
FREE

DOPING  
FREE  
TESTED\*

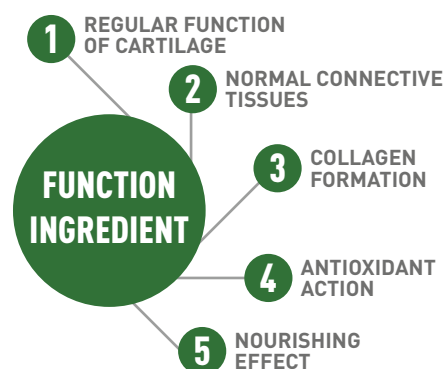
ASPARTAME  
FREE

VEGETARIAN

PROVIDES SEVERAL NUTRIENTS <sup>5</sup> FOR  
NORMAL CARTILAGE FUNCTION <sup>2</sup> AND  
FOR THE MAINTENANCE OF NORMAL  
CONNECTIVE TISSUES <sup>4</sup>

## RECOMMENDED FOR:

- People with weak and worn out cartilages
- People who are subject to small joint and cartilage injuries
- People who want to nourish connective tissues and increase the formation of collagen



## TYPICAL VALUES

	Per tablet	%NRV Per tablet
Glucosamine	500 mg	-
Chondroitinsulfate	160 mg	-
Hyaluronic acid	40 mg	-
Bromelain of which enzymatic activity	30 mg 75 GDU	-
CURCUGREEN® (bioactive extract of Curcumin) of which curcuminoids	25 mg 23,75 mg	-
Vitamin C	50 mg	63%
Copper	0,6 mg	60%
Zinc	7,5 mg	75%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

Warnings: do not exceed the recommended daily dosage, keep out of reach of children under the age of 3. Supplements are not intended as substitutes for a varied diet but are intended to be used as part of a varied balanced diet and a healthy lifestyle. Store in a cool dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.