### TRAINER PRE SPORT CREAM

#### COSMETIC ADJUVANT IN THE PREPARATORY TREATMENT TO SPORTS



## RECOMMENDED FOR

- ALL SPORTS
- Athletes who find it hard to warm up
- who wants immediate muscle response
- who trains in cold conditions
- races with explosive starts

#### **INFORMATIONS**

The start of the exercise session is a strategic moment in sports practice. A proper warm-up of the muscles is essential to perform effectively. The warming massage can facilitate the preparation of the muscle for sports and helps the achievement of the goal of work.

#### **PRODUCT FEATURES**

Trainer is a fluid and light cream-gel that helps the preparation of muscles and ligaments for exercise. The sensation of heat is perceived quickly and deeply, generating a moderate, progressive and effective heating in all the massaged parts, improving performance and physical condition. A good warming massage, performed with the Trainer cream, effectively prepares the body and promotes its activation, counteracts the appearance of cramps and muscle pain and oxidative stress from intense and prolonged exercise. Trainer absorbs quickly, does not grease, does not stain and is suitable for use in all seasons.

#### **INDICATIONS**

The product is suitable for the preparation for physical activity generating a progressive and deep sensation. The cream-gel, thanks to the presence of camphor and other active ingredients, generates a benefit also in the symptomatic treatment of pain caused by exercise.

#### **HOW TO USE**

Before the sport (about 10-15 minutes) apply an adequate amount of product on the part involved in the exercise, massaging until complete absorption. Wash hands thoroughly after use.

#### **INGREDIENTS**

Aqua, Helianthus annuus seed oil, Octyl palmitate, Glycerin, Propylene glycol, Oryza sativa bran oil, Polysorbate 60, Urea, Phenoxyethanol, acrylic acid copolymer, Cucumis sativus fruit extract, Equisetum arvense extract, Ginkgo biloba leaf extract, Prunus africana bark extract, Saccharum officinarum extract, Vaccinium myrtillus extract, Cinnamomum camphora bark oil, Allantoin, Glutamine, Retinyl palmitate, Tocopherol, Capsicum frutescens oleoresin, Ethylhexylglycerin, Chlorphenesin, Parfum, Limonene, Benzyl nicotinate, Carbomer, Pentaerythrityl tetra-di-t-butyl hydroxyhydrocinnamate, Tetrasodium glutamate diacetate, Sodium hydroxide, Cl 19140, Hydroxycitronellal, Linalool

#### WARNINGS:

Cosmetic product for external use. Avoid contact with eyes and mucous membranes. Do not apply to irritated or scratched skin. Do not swallow. Any redness and tingling are reactions linked to the reasonably foreseeable use of the product. In case of sensitization wash with soap and water. Keep away from light and heat sources. Keep away from reach of children. Not suitable for people allergic to one or more ingredients.

# PREPARING MUSCLES AND LIGAMENTS FOR EXERCISE



CAPSICUM OLEORESIN // Heating CAMPHOR // Heating GLUTAMINE // Nutrient VITAMIN E // Antioxidant

Packaging: 100 ml and 3,35 fl. oz tube

Conceived and developed by the Ethicsport Research with the collaboration of professionals and with the experience of top athletes.

Advanced Protection System (APSTM) is a solution of the Ethicsport Research.