

ENERGY CARAMEL LINEA TECNICA®

FOOD ESPECIALLY DESIGNED FOR PEOPLE WHO PLAY SPORTS



HUNGER DURING TRAINING OR COMPETITION



- SUSTAINED AND DISTRIBUTED ENERGY
- HIGH ENERGY CONTENT (165 KCAL)
- GREAT-TASTING AND HIGHLY DIGESTIBLE
- SOFT AND PALATABLE

PACKAGING: 30 BARS, 40 g EACH

FLAVOUR:
APPLE AND CARAMEL

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store

WHEN TO USE ENERGY CARAMEL



Warnings: store in a cool and dry place. The expiration date applies to the product in its intact container when stored as directed.

INDICATIONS

ENERGY CARAMEL bar is recommended to provide solid energy before and during training. It provides a rapid and sustained energy supply. New Energy bars are easily digestible, great-tasting, easy to chew and keep their features unaltered even in critical situations.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS

Glucose syrup, oat flakes, rice crisps (rice flour, wheat gluten, sugar, wheat malt, glucose, salt), invert sugar syrup, raisins 11.4%, sugar, palm fat, caramel pieces 5.2% (fructose-glucose syrup, sugar, humectant (glycerol), wheat fiber, apple puree concentrate 6%, palm fat, whey powder, butter, gelling agent (pectin), burnt sugar, skim milk powder, flavours, acidity regulator (lactic acid), rice extract), wheat flakes, maltodextrin, emulsifier (soy lecithin), whey protein crisp (whey protein, rice flour, emulsifier (soy lecithin)), isomaltulose*, salt, flavours.

* Isomaltulose is a source of glucose and fructose. Contains milk derivatives, gluten and soy.

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY CARAMEL first during training sessions.

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (40 g)
Energy		
kcal	412	165
kJ	1737	695
Typical Values		
Fat	12.1 g	4.8 g
of which saturates	5.3 g	2.1 g
Carbohydrate	69.7 g	27.8 g
of which sugars	37.4 g	15.0 g
Fiber	3.5 g	1.4 g
Protein	4.7 g	1.8 g
Salt (Nax2.5)	0.51 g	0.20 g