

SPORT FRUIT®

FRUIT-BASED ENERGY PRODUCT FOR ATHLETES WITH POTASSIUM AND MAGNESIUM



- ENERGIZED FRUIT SUITABLE FOR SPORT
- EASY TO CHEW AND DIGEST
- GRADUAL ENERGY RELEASE
- DELAYS THE DEPLETION OF ENERGY STORES

PACKAGING: 60 SACHETS, 42 g EACH

Available flavours:

- red orange & peach
- blueberry & red fruits

FEATURES

SPORT FRUIT® is a fruit based energy product for athletes, useful to provide energy to the body. This product contains carbohydrates with different times of assimilation, to guarantee a sustained energy supply. It also contains mineral salts (Mg, K,Ca), useful to optimize sports performances. SPORT FRUIT® is easy to chew and digest, its packaging is designed to preserve the product in optimal conditions, and can be used even in extreme conditions. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

RECOMMENDED FOR

- Nutrition for training and competitions
- Energy store before sport activities
- Suitable for people who train, even for young athletes

INDICATIONS

SPORT FRUIT® is recommended to provide a ready for use, long-lasting energy supply.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE SPORT

At least 60-90 minutes before starting an intense physical activity, with a glass of water.

DURING SPORT

Long-distance races - Consume every 1.5-2 hours, with a little water.
 Medium-distance races - Consume approximately halfway through, with a little water.

AS A SNACK

Consume at mid-morning or at mid-afternoon.

INGREDIENTS (RED ORANGE & PEACH)

Crystalline fructose, water, dextrose, orange juice, peach puree concentrate, sugar, natural lemon juice, pectin, citric acid, citrus fiber, sodium bicarbonate, tribasic calcium citrate, potassium carbonate, magnesium carbonate. Preservative: potassium sorbate.

INGREDIENTS (BLUEBERRY & RED FRUITS)

Red fruit concentrated juice (elderberry 15%, blueberry 14%, strawberry 3,4%), crystalline fructose, dextrose, sugar, natural lemon juice, pectin, water, citric acid, citrus fiber, sodium bicarbonate, tribasic calcium citrate, potassium carbonate, magnesium carbonate. Preservative: potassium sorbate.

WHEN TO USE SPORT FRUIT®



Warnings: this product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. Store in a cool, dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from Beta2-agonists, diuretics, amphetamines and ephedrine.

NUTRITIONAL INFORMATION

	per 100g	2 x 42 g sachets = 1 serving	% NRV per 2 sachets
Energy			
kcal	240	202	-
kJ	1003	844	-
Typical Values			
Fat	0 g	0 g	-
Carbohydrate of which sugars	55.7 g	46.8 g	-
Fibre [Peach-Orange]	4 g	3.36 g	-
Fibre [Blueberry-Red fruits]	2.9 g	2.4 g	-
Protein	0.24 g	0.2 g	-
Salt (Nax2.5)	0.28 g	0.23 g	-
Calcium	120 mg	101 mg	13%
Magnesium	56 mg	47 mg	13%
Potassium	200 mg	168 mg	9%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

