

RAMTECH® BRANCHED CHAIN AMINO ACIDS - B.C.A.A

PRODUCT FOR ATHLETES HIGHLY CONCENTRATED IN BRANCHED CHAIN AMINO ACIDS, WITH L-ALANINE, VITAMINS AND ZINC



BRANCHED CHAIN AMINO ACIDS FOR THE MOST DEMANDING TRAINING SESSIONS. USEFUL FOR THE ATHLETE'S DIET

PACKAGING: 20 SACHETS, 10.5 g EACH



INFORMATION

Branched Chain Amino Acids (B.C.A.A.) are essential for human diet, they represent the main constituent of muscular tissue and are useful in the athlete's diet.

FEATURES

Ramtech contains branched chain amino acids, nutrients useful to supplement the athlete's diet, together with alanine, vitamins and zinc. The vitamins contained in Ramtech carry out several functions, in particular they contribute to normal energy metabolism (B6 and B1). Vitamin B6 helps to reduce tiredness and fatigue and contributes to normal protein and glycogen metabolism. Zinc contributes to normal protein synthesis and regular carbohydrate metabolism, also helping to protect cells from oxidative stress. This product does not contain gluten (Gluten-free), therefore it is suggested also for people suffering from celiac disease or gluten intolerance.

RECOMMENDED FOR

ALL THE ATHLETES PERFORMING INTENSE MUSCULAR EXERTION

- People who need to nourish their muscles
- People who do intense training sessions

INDICATIONS

Thanks to its nutrients Ramtech is a useful product to supplement the athlete's diet.

Warnings: this product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily allowance. Do not use in pregnancy and in children, or for long periods without any medical advice. The expiration date applies to the product in its intact container, when stored as directed. This product is tested free from Nandrolone and Testosterone and their precursors, free from Beta2-agonists, diuretics, amphetamines and ephedrine.

HOW TO USE AND RECOMMENDED DAILY DOSE

We suggest consuming the product between meals, preferably after workout, when the anabolic phase is more efficient. Maximum recommended intake is 1 sachet/day=5g/day BCAA.

INGREDIENTS

L-leucine, dextrose, maltodextrins, L-isoleucine, L-valine, L-alanine, acidifying agent: citric acid, aroma, sodium citrate, L-glutamic acid, calcium carbonate, stabilizers: (sucrose esters of fatty acids, hydroxypropyl methylcellulose), sweetener: sucralose, L-glutamine, colouring agent: β-carotene, zinc citrate, sweetener: acesulfame K, pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1).

NUTRITIONAL INFORMATION

	per 100g	per sachet	%NRV per sachet
Energy			
kcal	375.2	39.4	-
kJ	1596	168	-
Typical Values			
Fat	0.18 g	0.02 g	-
of which saturates	0.15 g	0.02 g	-
Carbohydrates	34.50 g	3.62 g	-
of which Sugars	21.30 g	2.24 g	-
Fiber	0.37 g	0.04 g	-
Protein	0 g	0 g	-
Salt (Nax2.5)	1.68 g	0.18 g	-
L-Leucine	23.81 g	2500 mg	-
L-isoleucine	11.90 g	1250 mg	-
L-valine	11.90 g	1250 mg	-
L-alanine	4.76 g	500 mg	-
Glutamic Acid	1.43 g	150 mg	-
L-Glutamine	240 mg	25 mg	-
Calcium	501 mg	52.6 mg	7%
Zinc	50 mg	5.25 mg	53%
Vitamin B1	6.7 mg	0.7 mg	64%
Vitamin B6	9.5 mg	1 mg	71%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

WHEN TO USE RAMTECH®

