

GLUTAMMINA®

L-GLUTAMINE FOOD SUPPLEMENT

SUPPORTS THE RECOVERY PHASE



GLUTAMINE IS RECOMMENDED FOR THE RECOVERY PHASE AFTER INTENSE MUSCULAR EXERCISE

- THE PUREST MICRONIZED GLUTAMINE
- HIGH SOLUBILITY
- QUALITY GUARANTEED BY KYOWA

PACKAGING: 300 g PLASTIC JAR



RECOMMENDED FOR

SPORTS REQUIRING INTENSE MUSCULAR EXERCISE

- People carrying out hard training sessions
- People desiring a fast recovery

FEATURES

This is a pure glutamine-based product, and its quality is guaranteed by KYOWA. EthicSport glutamine is micronized, extremely soluble and is doping-free tested. This product does not contain gluten (Gluten Free), therefore it is suggested also for people suffering from celiac disease or gluten intolerants.

Warnings: do not exceed the recommended dosage. Do not use in pregnancy, in children or for long periods without any medical advice. Nutrition supplements are not intended as substitutes for a varied diet. Store in a cool, dry place. The expiration date applies to the product in its intact container when stored as directed. The product must be used as part of a varied and balanced diet and a healthy lifestyle. This product is tested free from Nandrolone and Testosterone with their precursors, free from Beta2-agonists, diuretics, amphetamines and ephedrine.

HOW TO USE AND RECOMMENDED DAILY DOSE

Consume 5 g per day, preferably after training, with approx. 150 ml of water. It is recommended to take the product for 2 months, and to repeat the treatment. One jar contains enough product for 2 months.

NUTRITIONAL INFORMATION

	per 100 g	per dose (5 g)
Energy		
kcal	400	20
kJ	1674	83.7
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	0 g	0 g
of which sugars	0 g	0 g
Fiber	0 g	0 g
Protein	0 g	0 g
Salt (Nax2.5)	0 g	0 g
L-Glutamine	100 g	5 g

INFORMATION

Muscle tissue is composed of about 65% glutamine, which the muscles use to produce energy and save glycogen stores during very intense physical exercise. Being part of muscle tissue, and therefore of lean mass, glutamine is recommended for the athlete's diet.

INGREDIENTS

100% L-Glutamine (Kyowa Quality®)

WHEN TO USE GLUTAMMINA®

