# **ENERGY ORANGE** LINEA TECNICA® FOOD ESPECIALLY DESIGNED FOR PEOPLE WHO PLAY SPORTS



Warnings: store in a cool and dry place. The expiration date applies to the product in its intact container when stored as directed



## - SUSTAINED AND DISTRIBUTED FNFRGY

- HIGH ENERGY CONTENT (163 KCAL)
- GREAT-TASTING AND HIGHLY DIGESTIBLE

## - SOFT AND PALATABLE

## INDICATIONS

**RECOMMENDED FOR** 

- Pre-race energy store

SUITABLE FOR ALL KINDS OF SPORT

- Hunger during training or competition

ENERGY ORANGE bar is recommended to provide solid energy before and during training. It provides a rapid and sustained energy supply. New Energy bars are easily digestible, great-tasting, easy to chew and keep their features unaltered even in critical situations.

### BEFORE At least 60-90 minutes before starting an

HOW TO USE AND RECOMMENDED DAILY DOSE

intense activity, with a little water.

#### DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

## INGREDIENTS

Almonds 25.5%, glucose syrup, oat flakes 13.3%, honey, rice crisps (rice flour, wheat gluten, sugar, wheat malt, glucose, salt), palm fat, sugar, raisins, orange fruit preparation 5.1% (fructose-glucose syrup, apple puree concentrate, sugar, orange puree concentrate, humectant (glycerol), wheat fiber, gelling agent (pectin), acidulant (citric acid), palm kernel fat, flavours, antioxidant (ascorbic acid)), emulsifier (soy lecithin), flavours. It contains gluten, nuts and soy. It may contain traces of milk derivatives, peanuts and celery.

## ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY ORANGE first during training sessions

NUTRITIONAL INFORMATION		
	Per 100 g	Per bar (35 g)
Energy		
kcal	467	163
kJ	1952	683
Typical Values		
Fat	23.8 g	8.3 g
of which saturates	5.5 g	1.9 g
Carbohydrate	52.5 g	18.4 q
of which sugars	27.8 g	9.7 g
Fiber	5.1 g	1.8 g
Protein	8.1 g	2.8 g
Salt (Nax2.5)	0.16 g	0.06 g

## WHEN TO USE ENERGY ORANGE

